

Free OSHA 10-Hour Construction Safety Courses

The Texas Department of Insurance, Division of Workers' Compensation (TDI-DWC) will present Free OSHA 10-Hour Construction Safety Courses at 7915 Cameron Road, Austin, TX 78754. These two-day courses will take place from 8:00 a.m. – 2:45 p.m. each day. Upcoming class dates are:

July 21 – 22, 2011 (English)

August 25 – 26, 2011 (Spanish)

Class size is limited and preregistration is required. Reference material will be provided, as well as OSHA Cards for those participants who complete the full two-day course.

To register contact: safety.training@tdi.state.tx.us or call (512) 804-4610.

Day 1

8:00 – 9:00 a.m.	Introduction to OSHA
9:00 – 9:15 a.m.	Break
9:15 – 10:15 a.m.	Introduction to OSHA (continued)
10:15 – 10:30 a.m.	Break
10:30 – 11:30 a.m.	Focus Four Hazards
11:30 a.m. – 12:30 p.m.	Lunch (on your own)
12:30 – 1:30 p.m.	Focus Four Hazards (continued)
1:30 – 1:45 p.m.	Break
1:45 – 2:15 p.m.	Personal Protective Equipment
2:15 – 2:45 p.m.	Health Hazards in Construction

Day 2

8:00 – 9:00 a.m.	Materials Handling
9:00 – 9:15 a.m.	Break
9:15 – 9:45 a.m.	Hand and Power Tools
9:45 – 10:45 a.m.	Scaffolds
10:45 – 11:00 a.m.	Break
11:00 – 11:30 a.m.	Excavations
11:30 a.m. – 12:30 p.m.	Lunch (on your own)
12:30 – 1:30 p.m.	Stairways & Ladders
1:30 – 1:45 p.m.	Break
1:45 – 2:45 p.m.	Confined Spaces